

Spiritual Direction Training

SAMPLE Certificate Completion Planner

Online meetings held via Zoom

On-site retreats in Southern California (indicated in blue)

Month	Class / Assignment	Location
YEAR 1		
February	Spiritual Formation by Bill & Kristi Gaultiere Supervision Group by Bill & Kristi Gaultiere	California
	Read Holy Listening: The Art of Spiritual Direction by Margaret Guenther. Turn in Reading Log.	
	Read Sacred Companions: The Gift of Spiritual Friendship & Direction by David Benner. Turn in a Reading Log.	
March	Soul Friendship by Bill & Kristi Gaultiere	Online
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend, using " Soul Talk: Inviting God Into Your Conversations ." Turn in a Reflection Paper.	
April	Supervision Group by Craig Davis	Online
	Watch the online video course " Lectio Divina: For You and Your Ministry ." by Bill & Kristi Gaultiere. Turn in a Reading (Video) Log.	
May	Lectio Divina as Listening by Jeff McCrory	Online
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee, using " Making a Plan to Be Like Jesus " and " A VIM Plan to Be More Like Jesus ." Turn in a Reflection Paper.	
June	Supervision Group by Craig Davis	Online
	Read The Listening Life by Adam S. McHugh. Turn in a Reading Log.	
July	Spiritual Formation & Direction by Jeff McCrory	Online
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee or small group, using a meditation from " Lectio Divina Guides ." Turn in a Reflection Paper.	

Month	Class / Assignment	Location
August	Spiritual & Psychological Development by Bill & Kristi Gaultiere Supervision Group by Bill & Kristi Gaultiere	California
	Read The Practice of Spiritual Direction by Barry & Connolly. Turn in a Reading Log.	
September	Developmental Stages in Spiritual Direction by Kristi Gaultiere	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee, using "LIFE in CHRIST Questionnaire" or "Mapping Your Spiritual Journey."	
October	Supervision Group by Craig Davis	Zoom
	Read Unforsaken: With Jesus on the Stations of the Cross by Bill Gaultiere. Turn in a Reading Log.	
November	Empathy and the Cross in Spiritual Direction by Bill Gaultiere	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee or small group, using Unforsaken to guide them through The Stations of the Cross. Turn in a Reflection Paper.	
December	Supervision Group by Craig Davis	Zoom
	Read: Praying the Psalms: Engaging Scripture and the Life of the Spirit by Walter Brueggemann. Turn in a Reading Log.	
YEAR 2		
January	Praying the Psalms by Jeff McCrory	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee, using "Praying Psalm 3: A Model Lament," "Inner Healing Prayer With Psalm 46," or "Praying Psalm 139." Turn in a Reflection Paper.	
February	Soul Care Ministry by Bill & Kristi Gaultiere Supervision Group by Bill & Kristi Gaultiere	California
	Read Jesus' Greatest Teaching . Turn in a Reading Log.	
March	Jesus as Spiritual Director by Jeff McCrory.	Zoom
	Meet with your Spiritual Director	

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	Practice offering Soul Shepherding to a friend/directee, using Jesus' Greatest Teaching or " Immanuel Journaling Worksheet ." Turn in a Reflection Paper.	
April	Supervision Group by Craig Davis	Zoom
	Read Your Best Life in Jesus' Easy Yoke by Bill Gaultiere. Turn in a Reading Log.	
May	Leading Soul Shepherding Groups by Bill Gaultiere	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee or small group, using Your Best Life in Jesus' Easy Yoke .	
June	Supervision Group by Craig Davis	Zoom
	Read: The Enneagram Made Easy: Discover the 9 Types of People by Baron & Wagele	
July	The Enneagram in Spiritual Direction by Kristi Gaultiere	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee to learn their Enneagram Type, using " Finding Your Enneagram Type ."	
August	Relationally Healthy Leadership by Bill & Kristi Gaultiere Supervision Group by Bill & Kristi Gaultiere	California
	Read Sabbatical Guide by Bill Gaultiere.	
September	Sabbatical Coaching by Bill & Kristi Gaultiere	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee, using Sabbatical Guide or " Jesus' Sabbath Days ."	
October	Supervision Group by Craig Davis	Zoom
	Read Spiritual Direction & The Care of Souls by Moon & Benner, Chapters 1 to 8. Turn in a Reading Log.	
November	Spiritual Direction Traditions by Jeff McCrory	Zoom
	Meet with your Spiritual Director	
	Practice guiding a Soul Shepherding retreat day for a friend/directee or group, using " Benedictine Spirituality Retreat " or " Ignatian Meditation Guides ."	
December	Supervision Group by Craig Davis	Zoom

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	Read Spiritual Direction & The Care of Souls , Chapters 9 to 12. Turn in a Reading Log.	
	Study the chart " Comparing Four Soul Shepherding Ministries " by Bill Gaultiere and turn in a Reading Log.	
January	Spiritual Direction Boundaries and Self-Care by Craig Davis	Zoom
	Meet with your Spiritual Director	
	Practice offering Soul Shepherding to a friend/directee, using " Jesus Set Boundaries " or " Prevent Burnout: Renew Your Life in Christ. "	
	Write and turn in a one page reflection paper on our experience of <i>receiving</i> Spiritual Direction during this program.	
	Write and turn in a one page reflection paper on our experience of <i>giving</i> Spiritual Direction during this program.	
	Write and complete a three page Final Paper summarizing your approach to spiritual direction, informed by one tradition.	